

RACE NIGHT 3 **Tri-it Gym**

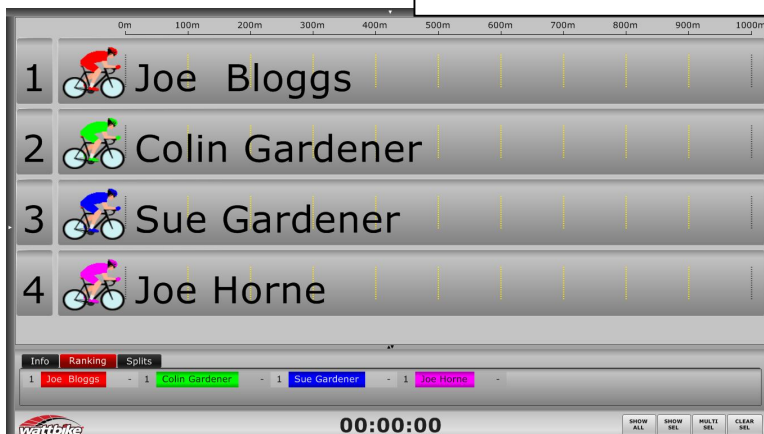
Supplement prizes on the night Sponsored by gatorade



Studio Set Up with 4 No Watt Bikes Linked to PC Control Panel viewed on Big Screen Format.



Races over 3000m, 500m and sprint distance of 100m over the course of the evening*. Warm up and down on static spin bikes and soak up the big race atmosphere. Refreshments available.



BIG SCREEN VIEW
KNOCK OUT RACES
QUALIFIERS.
SEMI-FINALS.
FINALS.

BOTHE MALE AND FEMALE RIDERS WELCOME AND COMPETING IN SEPARATE CATEGORYS WITHIN A HEAD TO HEAD RACE FORMAT.

RACES SPLIT INTO 3 No WEIGHT CATEGORIES FOR MALE RIDERS:

- **Light weight (under 64kg)**
- **Middle weight (64kg – 77kg)**
- **Top weight (over 77kg)**

ENTRY FEE: £5 per rider.

NEXT RACE NIGHT FIXTURE: Saturday 28th Jan racing from 6:15pm.
Last race 8:45pm